



SURFACES

- If surfaces are dirty, they should be cleaned using a detergent or soap and water prior to disinfection.
- For disinfection, diluted household bleach solutions, alcohol solutions with at least 70% alcohol, and most common EPA-registered disinfectants (disinfectant sprays, bleach, etc.) should be effective.
 - A full list of effective cleaners can be found online or call or email **TN.Aging@tn.gov** and a list will be sent to you.
- You can prepare a bleach solution by mixing:
 - 1/3rd cup bleach per gallon of water or
 - 4 teaspoons bleach per quart of water
- For soft surfaces (carpet, rugs, drapes, etc.) use appropriate cleaners for these surfaces

Linens, Tablecloths, and Other Items

- Do not shake dirty linens; this can disperse bacteria and viruses through the air.
- Wash items as appropriate in accordance with the manufacturer's instructions.
- Wash items using the warmest appropriate water
- Dry items completely



CLEAN WELL, CLEAN OFTEN

- **Every day**
- **Before and/or after meals and activities**

MAKE SURE YOU CLEAN

- door knobs handles
- counters
- tabletops
- sinks
- light switches
- chairs